

What Was That Word My Ski Instructor Said?

Ski Instructor on snowUs ski instructors totally geek out on skiing. That's probably why we're ski instructors. For others who like skiing, once they meet us and hear how we talk, they usually come to realize that there's more to skiing than just pointing your skis down the hill.

We do talk differently and I think it's best to keep the technical terms out of lessons (for the most part) but these terms do help because we put names to things. If you hear a term and you're not sure what it means, just ask. We get caught up in our language sometimes and terms come out naturally but we don't mind explaining things. Most instructors don't aim to talk over their students' heads but it's easy to start talking this way if we're not careful.

If you've heard a term or strange word used by a ski instructor and you don't know what it is, then check out this page:

[The Complete Encyclopedia of Skiing—EpicSki Skiing Glossary](https://www.epicski.com/glossary/) (epicski.com)

You'll learn terms like:

- Abduction
- Absorption
- Base of Support
- Camber
- Center of Mass
- Eversion
- Inclination
- Leapers
- Pivot Slip

And lots more. The page is very helpful and there are animated images and videos explaining things more.

There is quite a bit to think about regarding skiing and then using that knowledge in a lesson is where the rubber hits the road. We study a lot so that we're armed with knowledge to help our students.

Now go have some fun out there and ski!

-Tony