

PSIA Level 1 Exam Study Guide is Out!

[psia-level-1-study-guide-250x332](#) Need Help Passing the PSIA Level 1 Exam?

After the successful release of [my book for the PSIA Level 2 Exam](#), I've released a book to [help ski instructors pass the PSIA Level 1 Exam](#). The book is called: *My Journey to Level 1: What Helped Me Pass the PSIA Level 1 Exam*.

In the book, you'll learn how study for the exam, what the exam will be like, what to expect during the exam, how to format your lesson in a way that nearly guarantees success and how to get your skiing ready for the exam.

See a Passing Level 1 Exam Lesson

If you buy the book here, on my website, you'll also get my beginning skiing lesson all written out. I didn't do this for you to memorize it – not all all. It's there to give you ideas... a general guide for you to incorporate into your beginner lesson and make your own.

It's a good example of **a beginner lesson that would pass the Level 1 Exam**. I also include my commentary explaining why I say what I say and what it accomplishes.

Book Outline

Here is an outline of this 38-page book:

- Introduction
- Prepare!
 - What You Need
 - Books, Materials, Resources
 - Put in the Time – On and Off the Snow Find a Mentor / Coach
 - Get Your Alignment Evaluated and Fixed
- It's Exam Day!
 - Choosing an Exam Event
 - When You Get There
 - A Preview
- Off Snow Study
- Your Quiver
- How to Put Together a Lesson
 - After you Teach the Lesson
 - How to Study and Get Better
- Your Skiing
- My Feedback
- Sample Exam Questions
- Conclusion

I include feedback from my Level 1 Exam so you can see what Examiners might write. This is helpful.

Another important thing to do is make sure you get your alignment checked. If you're out of alignment, they're going to have a tough time passing you, so get that done. I explain how in this book.

PSIA Level 1 WorkbookDownload This Other FREE Workbook

Here's a workbook from Central Division you can have, too. It'll help you study and help prepare you for the exam. You'll, of course, need to have the the *Alpine Technical Manual* and *Core Concepts* book and use them to fill this in but it'll guide you and help you know what they're looking for on the exam.

The links to buy my book are below but you can also download this other workbook that'll help you with the exam:

[PSIA-C Alpine Level 1 Certification Workbook and Review \(PDF\) 2.4 MB](#)

Get My Book Now!

My Journey to Level 1 Alpine: What Helped My Pass the PSIA Level 1 Exam

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7 Book BundleOR GET THE BUNDLE! PSIA Level 1 and Level 2 Book Bundle

Why not get all **7 items** that have to do with training for Level 1 and Level 2 exams in one, awesome package?

You get:

- *My Journey to Level 1 Alpine: What Helped Me Pass the PSIA Level 1 Exam*
- *My Beginner Ski Lesson*
- *My Beginner Ski Lesson with Commentary*
- *My Journey to Level 2 Alpine: What Helped Me Pass the PSIA Level 2 Exam*
- MP3 Audio Versions (of Level 2 book)
- *PSIA Level 2 Exam Sample Questions and Workbook*
- *PSIA Level 2 Exam Resources*

It's worth \$27.93 and you get it for just... wait for it... **\$9.99!**

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