

# Actress' Fatal Skiing Accident

It's sad to hear about Natasha Richardson's ski accident. She was apparently taking a lesson:

[Natasha Richardson is Brain Dead After Ski Accident](http://www.nypost.com) (www.nypost.com)

The British-born Richardson, 45, fell during a private lesson at Mont Tremblant resort yesterday and allegedly told resort employees she felt fine.

But an hour later, she complained of an extreme headache and was rushed to a nearby hospital.

Richardson was on a beginner's slope and reportedly not wearing a helmet when she fell – although headgear is not required.

"She did not show any visible sign of injury but the ski patrol followed strict procedures and brought her back to the bottom of the slope and insisted she should see a doctor," said a statement from the resort, which is almost 80 miles northwest of Montreal.

"Approximately an hour after the incident Mrs. Richardson was not feeling good."

Wow, so she was fine right after her fall or accident but then must have had some internal head injuries. Most ski patrollers are trained really well and I believe that they strictly followed their procedures.

Even during a lesson, accidents can happen. I pretty much always wear a helmet when I ski and this is a good reminder why.

-Tony

Original article: <https://www.skiwithtony.com/actress-fatal-skiing-accident/>